

7 Brew Menu 2026

Every drink, flavor, calorie and caffeine count in one printable list. Independent fan guide by 7 Brew Menu. Updated October 2026.

How to use this PDF: find your category, pick a drink and say the size, the drink name, iced, hot or frozen, and any changes at the window. Sizes are Kids (select drinks), Small, Medium and Large. Calories and caffeine are for a Large iced drink from the official 7 Brew nutrition guide. "—" means not listed. Prices are estimates because each stand sets its own.

7 Originals

Espresso drinks on a breve (half-and-half) or mocha base. Every Original can be made sugar-free.

Drink	Flavors	Large cal	Large caffeine
Blondie	Vanilla + caramel breve	560	240 mg
Sweet & Salty	Salted caramel + white chocolate breve	600	240 mg
Cinnamon Roll	Brown sugar cinnamon + white chocolate breve	580	240 mg
Brunette	Hazelnut + caramel mocha	500	240 mg
Banana Bread	Banana + hazelnut mocha	450	240 mg
Smooth 7	Irish cream + white chocolate breve	600	240 mg
Cookie Butter	Toasted marshmallow + hazelnut + white chocolate breve	570	240 mg

7 Classics

Classic coffee drinks with house flavors. Cold brew cannot be made decaf.

Drink	Flavors	Large cal	Large caffeine
Vanilla Latte	Vanilla	—	240 mg
Toasted Marshmallow Latte	Toasted marshmallow	—	240 mg
Crème Brûlée Latte	Cane sugar + toasted marshmallow + salted caramel	—	240 mg
Latte (plain)	None	230	240 mg
Tuxedo Mocha	Dark + white chocolate	—	240 mg
Snickerdoodle Mocha	Brown sugar cinnamon + vanilla	—	240 mg
Mocha (plain)	Chocolate	350	240 mg
Salted Caramel Macchiato	Salted caramel	430	240 mg
Funnel Cake Macchiato	White chocolate + vanilla + salted caramel	—	240 mg
Raspberry Truffle Macchiato	Raspberry + white chocolate	—	240 mg
Caramel Breve	Caramel	560	240 mg
Honeybun Breve	Brown sugar cinnamon + honey + white chocolate	—	240 mg
Frosted Cookie Breve	Irish cream + cupcake + salted caramel	—	240 mg
Cappuccinos	Cupcake, Irish Cream or French Vanilla	150 (hot, plain)	240 mg
Americanos	Brown Sugar Cinnamon, Hazelnut or Dark Chocolate	0 (plain)	240 mg

Drink	Flavors	Large cal	Large caffeine
Cold Brew	Toasted Marshmallow, Dark Chocolate, Vanilla, Blondie, Brunette, White Mac	30 (plain)	357 mg

Cocoa, Milk and Steamers

No coffee and no caffeine.

Drink	Flavors
S'mores Cocoa	Toasted marshmallow + brown sugar cinnamon + dark chocolate
Candy Cane Cocoa	Peppermint + white chocolate
Grasshopper Cocoa	Peppermint + vanilla
Other cocoas	Brunette, Cookie Butter, Chocolate Dipped Strawberry, Toasted Marshmallow, Salted Caramel, White Chocolate
Steamers and milks	Sugar Cookie, Frosted Cookie, White Chocolate, Banana Milk, Raspberry Truffle Milk, Strawberry Milk

7 Energy

Original or Sugar-Free base. Large Sugar-Free base: about 10 calories. Plain Large base: 152 mg caffeine.

Drink	Flavors	Large cal	Large caffeine
Ocean Breeze	Blue raspberry + coconut	350–360	133 mg
Pixie Stick	Almond + orange + pomegranate	350–360	133 mg
Brewberry	Blue raspberry + strawberry	350–360	133 mg
Tropic Thunder	Mango + pineapple	350–360	133 mg
Sunrise	Peach + raspberry	350–360	133 mg
Heatwave	Orange + lime + lemon	350–360	133 mg
Nightshade	Lavender + pomegranate + blue raspberry	350–360	133 mg
Strawberry / Blue Raspberry / Watermelon	Single flavor	–	133 mg

7 Fizz Sodas

Sparkling sodas with no caffeine. Plain Fizz has 0 calories.

Drink	Flavors	Large cal	Large caffeine
Pink Mermaid	Watermelon + coconut + strawberry	320	0 mg
Blood Orange	Orange + pomegranate	340	0 mg
Brew Lagoon	Lime + blue raspberry + coconut	340	0 mg
Peaches n' Cream	Peach + vanilla	360	0 mg
Midnight Rain	Blackberry + blue raspberry	–	0 mg
Cherry Blossom	Cherry + peach	–	0 mg
Tiki Tango	Passion fruit + pineapple	–	0 mg
Stargazer	Lime + blue raspberry	–	0 mg
Dragons Blood	Blue raspberry + cherry	–	0 mg
Bahama Mama	Cherry + coconut	–	0 mg

Teas, Chai and Matcha

Caffeine shown for a Large plain tea. Chai and matcha lattes are low in caffeine.

Drink	Flavor ideas	Large cal	Large caffeine
Black Tea	Sunny 7, Sunset, Summer Breeze	–	170 mg
Paris Tea	Island Dream, Mango, Raspberry	–	136 mg
Green Tea	Georgia Peach, Hula, Cherry Blossom	–	79 mg
Earl Grey Tea	Honeybee, Cloud 9, Vanilla	–	21 mg
Cinnamon Spice Tea	Caramel, Honeybun, Peach	–	21 mg
Decaf Tea	Blackberry, Vanilla, Lavender	–	1 mg
Chai Lattes	Brewchata, Sugar Cookie, Salted Honey	280–380	22–25 mg
Matcha Lattes	Strawberry, Cereal Milk, Cloud 9	330–400	22 mg

Lemonades

Caffeine-free. A Large Lemon Freeze (frozen) has about 800 to 970 calories.

Drink	Flavors	Large cal	Large caffeine
Pink Paradise	Cherry + watermelon + raspberry	400	0 mg
Fruit Roll-Up	Strawberry + lavender	400	0 mg
Cocoberry	Coconut + raspberry	420	0 mg
Key Lime Pie	Lime + lemon + white chocolate (contains milk)	420	0 mg
Lemonade (plain)	None	270	0 mg
More flavors	Tropic Thunder, Watermelon, Blue Typhoon, Heatwave, Blackberry Cobbler, Kokomo	–	0 mg

Smoothies and Shakes

Caffeine-free. All smoothies and shakes contain milk.

Drink	Flavors	Large cal	Large caffeine
Strawberry Smoothie	Banana, Toasted Coconut or Bubble Gum mixes	620	0 mg
Mango Smoothie	Tiki Tango, Guava or White Chocolate mixes	580	0 mg
Piña Colada Smoothie	Tiger's Blood, Cherry or Island Dream mixes	940	0 mg
Peach / Wildberry / Blue Pom	Build your own	500–630	0 mg
Rocky Road Shake	Toasted marshmallow + hazelnut + caramel	940	0 mg
Birthday Cake Shake	Cupcake + white chocolate	800	0 mg
Cookies & Cream Shake	Cupcake + dark + white chocolate	800	0 mg
Orange Sherbet Shake	Orange + strawberry + vanilla	750	0 mg
More shakes	Banana, Peaches n' Cream, Salted Caramel, Funnel Cake	–	0 mg

Food: Muffin Tops

Contain egg, milk, soy and wheat.

Muffin Top	Calories	Estimated price
Blueberry	470	About \$4.50
Chocolate Chip	560	About \$4.50
Lemon Poppy Seed	480	About \$4.50

Estimated Prices by Size

7 Brew does not publish prices. These are 2026 estimates; your stand may charge more or less.

Category	Small	Medium	Large
7 Originals	\$6.00–\$6.50	\$7.00–\$7.50	\$8.00–\$8.50
Latte, Mocha, Breve	\$5.50–\$6.00	\$6.00–\$6.50	\$7.00–\$7.50
Americano	\$3.50	\$4.25–\$4.50	\$4.75–\$5.00
Cold Brew	\$5.75–\$6.00	\$6.50	\$7.00–\$7.25
7 Energy	\$6.75–\$7.00	\$7.75–\$8.00	\$9.25–\$9.50
7 Fizz	\$5.00	\$5.75	\$6.25–\$6.50
Tea or Lemonade	\$4.00–\$5.00	\$4.50–\$5.75	\$5.25–\$6.50
Smoothie	\$7.00	\$8.25–\$8.50	\$9.50–\$9.75
Shake	\$5.25	\$6.25	\$7.25

Note: This PDF is made by 7 Brew Menu, an independent fan guide. We are not owned by or connected to 7 Brew Coffee. "7 Brew" is a trademark of its owner. Drink names and flavors come from the official 7 Brew menu; calories and caffeine come from the official 7 Brew nutrition guide (October 2026). Menus, recipes and prices can change, so check your local stand.